

## Study Abroad Self-Evaluation Form

Thank you in advance for taking the time to thoughtfully fill out this evaluation regarding your study abroad experience. Please read the following statements carefully and take a few minutes to mark your responses.

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_

Host Country: \_\_\_\_\_ Host School: \_\_\_\_\_

Length of exchange (circle one):      Semester      Full year      Age: \_\_\_\_\_

Where did you live abroad (circle one)?      Host family      Student housing      Apartment

Who were your closest friends abroad (circle all that apply)?

UNCG students      American students      Int'l students      Students from host country

Was this your first time traveling outside of the U.S.?      yes      no

Was this your first time living and/or studying outside of the U.S.?      yes      no

Was this your first time living away from your friends and family?      yes      no

No knowledge	Little knowledge	Inter-mediate	Almost fluent	Fluent
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Rate your language proficiency **before** you studied abroad:      1      2      3      4      5

Rate your language proficiency **after** you studied abroad:      1      2      3      4      5

Rate yourself on the following personal characteristics:

Almost Always	Often	Some-times	Not often	Almost never
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Tolerant of ambiguity (comfortable with unpredictable situations)      1      2      3      4      5

Autonomous (doing things independently)      1      2      3      4      5

Optimistic (positive attitude with mistakes)      1      2      3      4      5

Intellectually curious toward other cultures (or other ways of doing things in cross-cultural situations)      1      2      3      4      5

Self-confident      1      2      3      4      5

Please mark your level of agreement with the following statements related to your study abroad experience:

Strongly disagree	Disagree	Don't agree or disagree	Agree	Strongly agree
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I view my study abroad program as a great learning experience.	1	2	3	4	5
I was prepared to live in another country.	1	2	3	4	5
I had enough background information about my host country (history, geography, culture, current issues) before I studied abroad.	1	2	3	4	5
I was able to communicate effectively with locals upon arrival in the host country.	1	2	3	4	5
My previous knowledge of the host language helped my adjustment to the new environment.	1	2	3	4	5
My lack of knowledge of host language hindered my adjustment to the new environment.	1	2	3	4	5
My previous knowledge about the country helped my adjustment to the new environment.	1	2	3	4	5
My lack of knowledge about the country hindered my adjustment to the new environment.	1	2	3	4	5
I was able to communicate my own cultural values and feelings with locals in the host country effectively.	1	2	3	4	5
I was able to understand my host country's cultural values.	1	2	3	4	5
I was able to respond objectively when I was questioned about U.S. stereotypes.	1	2	3	4	5
I was able to clarify what I believed were wrong assumptions that locals had about my own culture.	1	2	3	4	5
When facing difficulties in communicating with locals I was willing to seek mutual understanding.	1	2	3	4	5
I was able to identify the differences between my preconceptions and reality in my host country.	1	2	3	4	5
I was able to identify different values from my own.	1	2	3	4	5
As a result of my study abroad experience I was able to identify cultural limitations of my world view.	1	2	3	4	5
I am now willing to review my own values to understand my host country culture.	1	2	3	4	5
I have been able to "try on" other points of view.	1	2	3	4	5
With my increase in cultural awareness I am now able to assess and understand beliefs and values of other cultures.	1	2	3	4	5
My study abroad experience was a valuable learning opportunity for my personal growth.	1	2	3	4	5

## Discussion Questions

1. How did the level of language proficiency and the level of knowledge about the host country affect your understanding of the culture?
2. Can you share a situation where you questioned your own beliefs and assumptions?
3. Can you share a situation where you were aware that you were more reflective?  
Could you identify a "A-HA" learning moment?
4. How has the experience abroad been affecting your choices in life?
5. In what way do you believe your world view has changed?